



Care & Discipleship

Teaching Guide



Care & Discipleship Teaching Guide

For Sunday School and Group Leaders

This Teaching Guide has been structured to assist you in leading a group through the completion of the entire Care and Discipleship Course and the Observation Videos. The material is laid out over four sixteen-week classes, two classes for Level 1 and two classes for Level 2. During the last few weeks of each class you will also view one of the four counseling cases from the Observation Videos to demonstrate concepts covered in the material. Each week is planned for a 60 minute Sunday School hour but could adapt easily to longer classes with extended time for discussion. If you are leading a group of people seeking certification you may want to plan an additional week at the end of each class for preparation for the exam.

What's Inside

Each course spans 16 weeks. The Heading shows which week you are on in the 16-week course.

WEEK 6

Materials

- CDC 14 Video
- Leader Handbook pgs 76-81
- Student Handbook pgs 59-62

Instruction

- (5 min) Opening and prayer
(15 min) Begin CDC 14 (break at 14:47)

Discussion

- (10 min) See page 81 in leader handbook

Instruction

- (15 min) Resume CDC 14 at Track 2 (14:47)
(break at 30:00)

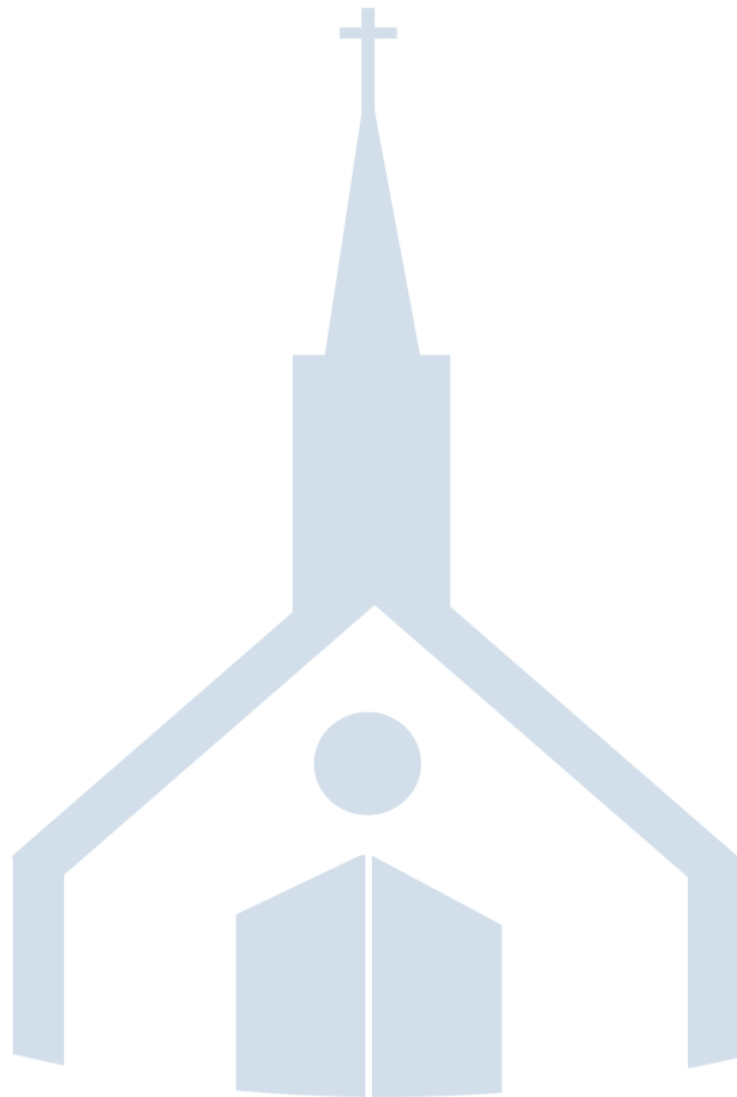
Discussion

- (15 min) See page 84 in leader handbook

Materials indicates which videos are needed for that day as well as page numbers in the Student and Leader Handbooks.

Instruction sections indicate material to cover, time allotted and where to break and resume in each video.

Suggested discussion breaks and corresponding questions in the Leader Handbook are indicated in the Discussion sections.



Care & Discipleship

IBCD Certification

Teaching Guide
Class 1: CDC 1-9

WEEK 1

Materials

- CDC 1 Video
- Handbooks for distribution
- Leader Handbook introduction and pgs 1-2
- Student Handbook introduction and pg1

Instruction

(5 min) Opening and prayer

(10 min) Get to know one another

(20 min) Distribute materials

Watch course trailer on Disc 1

Overview introductory pages in handbook.

(15 min) Begin CDC 1 (break at 15:30)

Discussion

(10 min) Discussion and questions. See page 2 in the leader handbook.

WEEK 2

Materials

- CDC 1 Video
- Handbooks for distribution to newcomers
- Leader Handbook pgs 2-5
- Student Handbook pgs 1-3

Instruction

(5 min) Opening and prayer

(37 min) Resume CDC 1 at Track 2 (15:30)
(end at 52:30)

Discussion

(18 min) Discussion and questions. See page 5 in the leader handbook.

WEEK 3

Materials

- CDC 2 Video
- Leader Handbook pgs 7-9
- Student Handbook pgs 5-6

Instruction

(5 min) Opening and prayer

(25 min) Begin CDC 2 (break at 25:33)

Discussion

(5 min) See page 8 in leader handbook.

Instruction

(15 min) Resume CDC 2 at Track 2 (25:40)
(end at 39:30)

Discussion

(10 min) See page 9 in leader handbook.

WEEK 4

Materials

- CDC 3 Video
- Leader Handbook pgs 11-16
- Student Handbook pgs 7-11

Instruction

(5 min) Opening and prayer

(26 min) Begin CDC 3 (break at 26:10)

Discussion

(7 min) See page 13 in leader handbook.

Instruction

(17 min) Resume CDC 3 at Track 2 (26:12)
(end at 43:06)

Discussion

(5 min) See page 16 in leader handbook.

WEEK 5

Materials

- CDC 4 Video
- Leader Handbook pgs 17-20
- Student Handbook pgs 13-15

Instruction

- (5 min) Opening and prayer
- (2 min) Begin CDC 4 (break at 2:14)

Discussion

- (5 min) See page 18 in leader handbook.

Instruction

- (31 min) Resume CDC 4 at Track 2 (2:14)
(break at 32:35)

Discussion

- (17 min) See page 20 in leader handbook.

WEEK 6

Materials

- CDC 4 Video, CDC 5 Video
- Leader Handbook pgs 20-24
- Student Handbook pgs 15-19

Instruction

- (5 min) Opening and prayer
- (23 min) Resume CDC 4 at Track 3 (32:33)
(end at 55:30, no discussion)
- (16 min) Begin CDC 5 (break at 16:10)

Discussion

- (16 min) See page 24 in leader handbook

WEEK 7

Materials

- CDC 5 Video
- Leader Handbook pgs 24-28
- Student Handbook pgs 19-22

Instruction

- (5 min) Opening and prayer
- (18 min) Resume CDC 5 at Track 2 (16:10)
(break at 34:20)

Discussion

- (7 min) See page 26 in leader handbook.

Instruction

- (23 min) Resume CDC 5 at Track 3 (34:19)
(end at 57:00)

Discussion

- (7 min) See page 28 in leader handbook.

WEEK 8

Materials

- CDC 6 Video
- Leader Handbook pgs 29-35
- Student Handbook pages 23-26

Instruction

- (5 min) Opening and prayer
- (26 min) Begin CDC 6 (break at 26:20)

Discussion

- (10 min) See pages 30, 32 in leader handbook.

Instruction

- (9 min) Resume CDC 6 at Track 3 (26:26)
(end at 35:31)

Discussion

- (10 min) See page 34 in leader handbook.

WEEK 9

Materials

- CDC 7 Video
- Leader Handbook pgs 37-42
- Student Handbook pgs 27-31

Instruction

- (5 min) Opening and prayer
- (9 min) Begin CDC 7 (break at 9:20)

Discussion

- (3 min) See page 38 in leader handbook.

Instruction

- (35 min) Resume CDC 7 at Track 2 (9:21)
(end at 44:30)

Discussion

- (8 min) See page 42 in leader handbook.

WEEK 10

Materials

- CDC 8 Video
- Leader Handbook pgs 43-47
- Student Handbook pgs 33-36

Instruction

- (5 min) Opening and prayer
- (19 min) Begin CDC 8 (break at 19:18)

Discussion

- (10 min) See page 45 in leader handbook.

Instruction

- (15 min) Resume CDC 8 at Track 2 (19:18)
(end at 34:24)

Discussion

- (11 min) See page 42 in leader handbook.

WEEK 11

Materials

- CDC 9 Video
- Leader Handbook pgs 49-52
- Student Handbook pgs 37-40

Instruction

- (3 min) Opening and prayer
- (57 min) Begin and complete CDC 9
(end at 56:58)

Discussion

Due to time constraints and the nature of this topic, no discussion time has been allotted for this video.

WEEK 12

Materials

- “Jesse” Disc 1, Part 1
- Observation Handbooks for distribution

Observation

- (5 min) Opening and prayer
- (10 min) Distribute and overview handbooks
See “*How to Use this Observation Handbook*” in the introduction
- (10 min) Overview of case, handbook pages 1-5
- (25 min) Begin Part 1 (break at 25:16)
Note taking, handbook page 7

Discussion

- (10 min) See questions in handbook pages 9-10
Possible answers on pages 21-23

Homework

Individuals may complete questions at home

WEEK 13

Materials

- “Jesse” Disc 1, Part 1
- Observation Handbook

Observation

(5 min) Opening and prayer

(45 min) Resume Part 1 at (25:16)
(end at 01:10:00)

Note-taking, handbook page 7

Discussion

(10 min) See questions in handbook pages 9-10
Possible answers on pages 21-23

Homework

Individuals may complete questions at home

WEEK 14

Materials

- “Jesse” Disc 2, Part 2
- Observation Handbook

Observation

(5 min) Opening and prayer

(45 min) Begin Part 2 (break at 44:54)

Note-taking, handbook page 11

Discussion

(10 min) See questions in handbook pages 13-14
Possible answers on pages 25-26

Homework

Individuals may complete questions at home

WEEK 15

Materials

- “Jesse” Disc 2, Part 2 and Disc 3, Part 3
- Observation Handbook

Observation

(5 min) Opening and prayer

(12 min) Resume Part 2 at (44:54), (end at 57:08)

Discussion

(7 min) See questions in handbook pages 13-14

Observation

(28 min) Begin Part 3 (break at 28:06)

Note-taking, handbook page 15

Discussion

(8 min) See questions in handbook pages 17-18
Possible answers on pages 27-29

Individuals may complete questions for homework

WEEK 16

Materials

- “Jesse” Disc 3, Part 3
- Observation Handbook

Observation

(5 min) Opening and prayer

(28 min) Resume Part 3 at (28:06)
(end at 55:44)

Note taking, handbook page 15

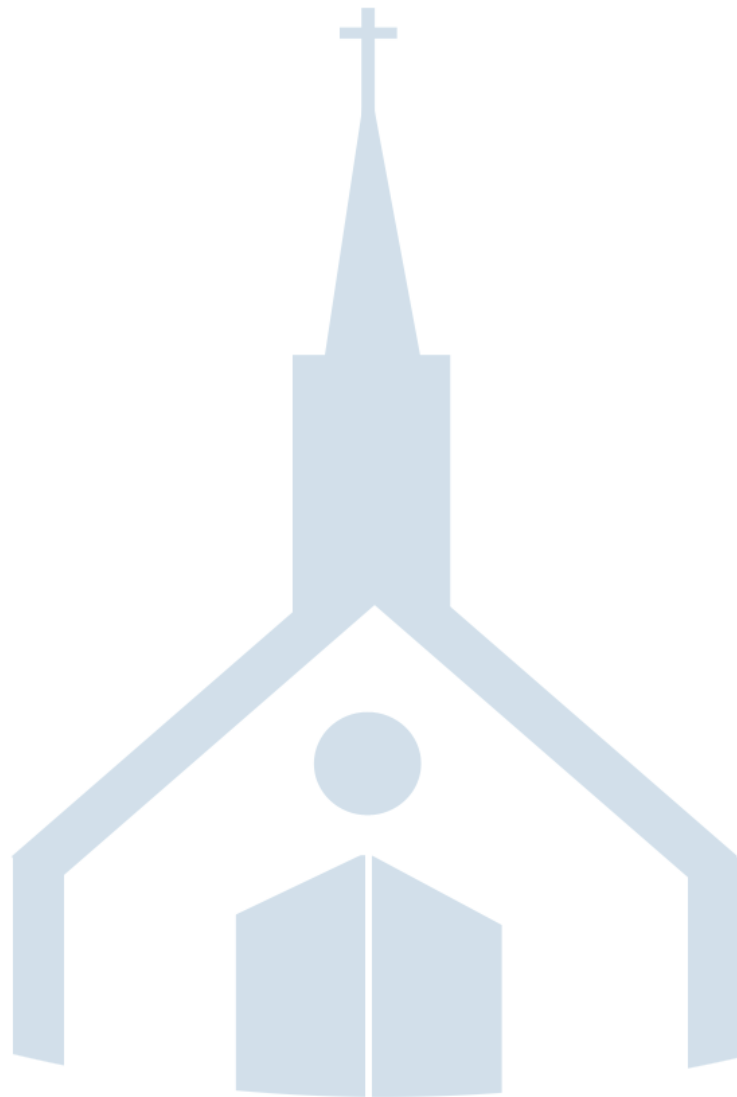
Discussion

(27 min) See questions in handbook pages 17-18
Possible answers on pages 27-29

Extra time for discussion and questions
from previous weeks

Homework

Individuals may complete questions at home



Care & Discipleship

IBCD Certification

Teaching Guide
Class 2: CDC 10-20

WEEK 1

Materials

- CDC 10 Video
- Handbooks for distribution to newcomers
- Leader Handbook pgs 53-57
- Student Handbook pgs 41-43

Instruction

- (5 min) Opening and prayer
- (10 min) Introduce course
Distribute materials
- (33 min) Begin CDC 10 (end at 32:48)

Discussion

- (12 min) Discussion and questions. See page 56 in the leader handbook.

WEEK 2

Materials

- CDC 11 Video
- Handbooks for distribution to newcomers
- Leader Handbook pgs 59-61
- Student Handbook pgs 45-46

Instruction

- (5 min) Opening and prayer
- (34 min) Begin CDC 11 (break at 33:45)

Discussion

- (21 min) Discussion and questions. See page 61 in the leader handbook.

WEEK 3

Materials

- CDC 11 Video, CDC 12 Video
- Leader Handbook pgs 62-66
- Student Handbook pgs 46-50

Instruction

- (31 min) Resume CDC 11 at Track 2 (33:45)
(end at 55:41)

Discussion

- (9 min) See page 64 in leader handbook.

Instruction

- (19 min) Begin CDC 12 (break at 18:46)

Discussion

- (5 min) See questions 1-3 on page 69 of leader handbook.

WEEK 4

Materials

- CDC 12 Video, CDC 13 Video
- Leader Handbook pgs 66-72
- Student Handbook pgs 50-53

Instruction

- (5 min) Opening and prayer
- (29 min) Resume CDC 12 at (18:46)
(end at 48:20)

Discussion

- (10 min) See pages 69-70 in leader handbook.

Instruction

- (10 min) Begin CDC 13 (break at 9:45)

Discussion

- (7 min) See page 72 in leader handbook.

WEEK 5

Materials

- CDC 13 Video
- Leader Handbook pgs 66-72
- Student Handbook pgs 50-53

Instruction

- (5 min) Opening and prayer
- (29 min) Resume CDC 13 at Track 2 (9:46)
(break at 38:56)

Discussion

- (7 min) See pages 73, 76 in leader handbook.

Instruction

- (12 min) Resume CDC 13 at Track 4 (38:55)
(end at 50:35)

Discussion

- (7 min) See page 78 in leader handbook.

WEEK 6

Materials

- CDC 14 Video
- Leader Handbook pgs 76-81
- Student Handbook pgs 59-62

Instruction

- (5 min) Opening and prayer
- (15 min) Begin CDC 14 (break at 14:47)

Discussion

- (10 min) See page 81 in leader handbook

Instruction

- (15 min) Resume CDC 14 at Track 2 (14:47)
(break at 30:00)

Discussion

- (15 min) See page 84 in leader handbook.

WEEK 7

Materials

- CDC 14 Video, CDC 15 Video
- Leader Handbook pgs 84-96
- Student Handbook pgs 63-73

Instruction

- (5 min) Opening and prayer
- (25 min) Resume CDC 14 at Track 3 (30:00)
(end at 55:19)

Discussion

- (5 min) See page 89 in leader handbook.

Instruction

- (25 min) Begin CDC 15 (break at 24:38)

Discussion

Time for discussion has been allotted at the beginning of next week's class.

WEEK 8

Materials

- CDC 15 Video, CDC 16 Video
- Leader Handbook pgs 96-106
- Student Handbook pgs 73-82

Instruction

- (5 min) Opening and prayer
- (10 min) Discussion from last week. See page 96
in leader handbook
- (26 min) Resume CDC 15 at Track 2 (24:41)
(end at 50:35)

Discussion

- (10 min) See page 103 in leader handbook.

Instruction

- (6 min) Begin CDC 16 (break at 5:45)

Discussion

- (5 min) See page 106 in leader handbook.

WEEK 9

Materials

- CDC 16 Video, CDC 17 Video
- Leader Handbook pgs 106-117
- Student Handbook pgs 82-90

Instruction

- (5 min) Opening and prayer
- (21 min) Resume CDC 16 at Track 2 (5:45)
(end at 26:44)

Discussion

- (13 min) See pages 109, 111, 113 in leader handbook.

Instruction

- (16 min) Begin CDC 17 (break at 16:10)

Discussion

- (5 min) See page 117 in leader handbook.

WEEK 10

Materials

- CDC 17 Video, CDC 18 Video
- Leader Handbook pgs 117-128
- Student Handbook pgs 90-99

Instruction

- (5 min) Opening and prayer
- (30 min) Resume CDC 17 at Track 2 (16:07)
(end at 46:31)

Discussion

- (15 min) See pages 122, 125 in leader handbook.

Instruction

- (5 min) Begin CDC 18 (break at 5:03)

Discussion

- (5 min) See page 128 in leader handbook.

WEEK 11

Materials

- CDC 18 Video, CDC 19 Video
- Leader Handbook pgs 128-137
- Student Handbook pgs 100-107

Instruction

- (5 min) Opening and prayer
- (29 min) Resume CDC 18 at Track 2 (5:03)
(end at 33:49)

Discussion

- (16 min) See page 131, 135 in leader handbook.

Instruction

- (10 min) Begin CDC 19 (break at 9:35)
(no discussion)

WEEK 12

Materials

- CDC 19 Video
- Leader Handbook pgs 138-149
- Student Handbook pgs 108-117

Instruction

- (5 min) Opening and prayer
- (10 min) Resume CDC 19 at (9:35)
(break at 18:46)

Discussion

- (5 min) See page 138 in leader handbook.

Instruction

- (35 min) Resume CDC 19 at Track 2 (18:46)
(end at 54:00)

Discussion

- (5 min) See page 146, 148 in leader handbook.

WEEK 13

Materials

- CDC 20 Video
- Leader Handbook pgs 151-159
- Student Handbook pgs 119-125

Instruction

- (5 min) Opening and prayer
- (28 min) Begin CDC 20 (break at 27:54)

Discussion

- (10 min) See page 152, 156 in leader handbook.

Instruction

- (12 min) Resume CDC 20 at Track 3 (27:54)
(end at 39:58)

Discussion

- (5 min) See page 159 in leader handbook.

WEEK 14

Materials

- “Danielle” Disc 4, Part 1
- Observation Handbook

Observation

- (5 min) Opening and prayer
- (5 min) Overview of case, handbook pages 31-36
- (45 min) View Part 1 (end at 45:45)
Note-taking, handbook page 37

Discussion

- (5 min) See questions in handbook pages 39-40
Possible answers on pages 51-53

Homework

Individuals may complete questions at home

WEEK 15

Materials

- “Danielle” Disc 5, Part 2
- Observation Handbook

Observation

- (5 min) Opening and prayer
- (47 min) View Part 2 (end at 47:25)
Note-taking, handbook page 41

Discussion

- (8 min) See questions in handbook pages 43-44
Possible answers on pages 55-56

Homework

Individuals may complete questions at home

WEEK 16

Materials

- “Danielle” Disc 6, Part 3
- Observation Handbook

Observation

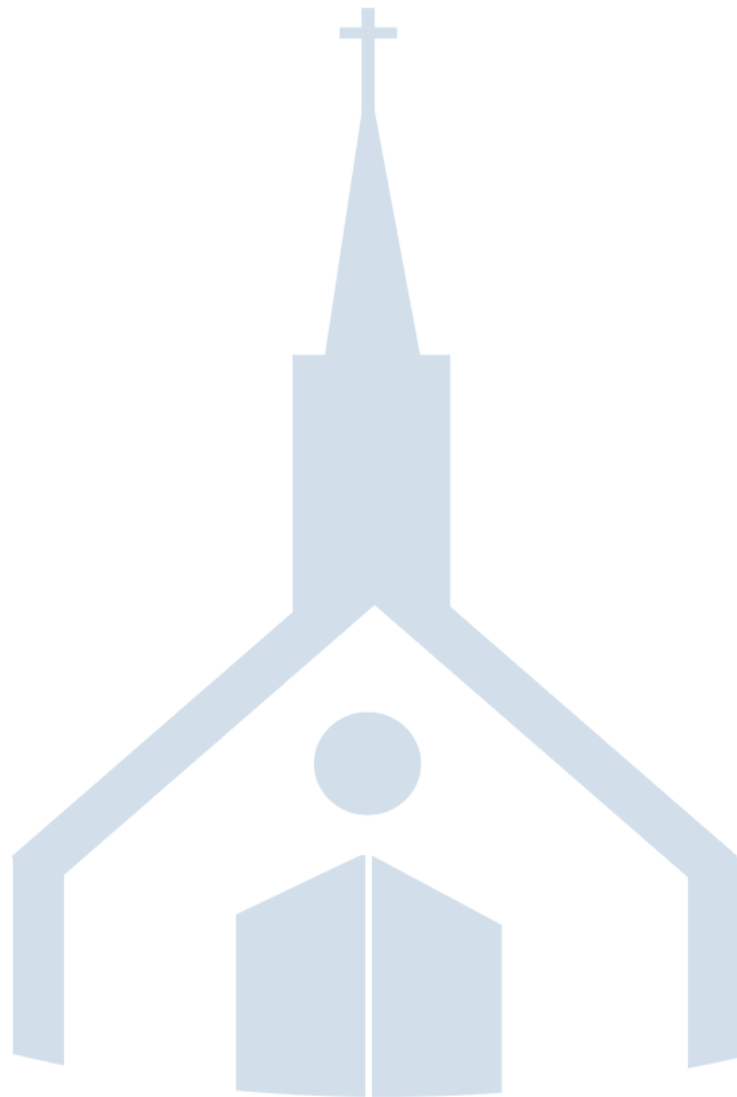
- (5 min) Opening and prayer
- (40 min) View Part 3 (end at 39:55)
Note-taking, handbook page 45

Discussion

- (15 min) See questions in handbook pages 47-48
Possible answers on pages 57-58

Homework

Individuals may complete questions at home



Care & Discipleship

IBCD Certification

Teaching Guide
Class 3: CDC 21-29

WEEK 1

Materials

- CDC 21 Video
- Handbooks for distribution
- Leader Handbook pgs 161-169
- Student Handbook pgs 1-7

Instruction

- (5 min) Opening and prayer
- (10 min) Distribute materials
Introduce Course
- (35 min) Begin and Complete CDC 21
(end at 35:05)

Discussion

- (10 min) Discussion and questions. See pages 164, 168 in the leader handbook.

WEEK 2

Materials

- CDC 22 Video
- Handbooks for distribution to newcomers
- Leader Handbook pgs 171-175
- Student Handbook pgs 9-12

Instruction

- (5 min) Opening and prayer
- (16 min) Begin CDC 22 (break at 16:03)

Discussion

- (10 min) See page 173 in leader handbook.

Instruction

- (18 min) Resume CDC 22 at Track 2 (16:02)
(break at 33:51)

Discussion

- (11 min) See page 175 in leader handbook.

WEEK 3

Materials

- CDC 22 Video, CDC 23 Video
- Leader Handbook pgs 176-183
- Student Handbook pgs 12-18

Instruction

- (5 min) Opening and prayer
- (15 min) Resume CDC 22 at Track 3 (33:54)
(end at 48:35)

Discussion

- (10 min) See page 178 in leader handbook.

Instruction

- (15 min) Begin CDC 23 (break at 14:19)

Discussion

- (15 min) See page 183 in leader handbook.

WEEK 4

Materials

- CDC 23 Video
- Leader Handbook pgs 183-190
- Student Handbook pgs 18-23

Instruction

- (5 min) Opening and prayer
- (18 min) Resume CDC 23 at Track 2 (14:24)
(break at 31:51)

Discussion

- (10 min) See page 186 in leader handbook.

Instruction

- (11 min) Resume CDC 23 at Track 3 (31:53)
(end at 53:00)

Discussion

- (16 min) See page 189 in leader handbook.

WEEK 5

Materials

- CDC 24 Video
- Leader Handbook pgs 191-196
- Student Handbook pgs 25-29

Instruction

- (5 min) Opening and prayer
(26 min) Begin CDC 24 (break at 26:14)

Discussion

- (9 min) See page 193 in leader handbook.

Instruction

- (20 min) Resume CDC 24 at Track 2 (26:17)
(end at 46:09)

Discussion

Time for discussion has been allotted at the beginning of next week's class.

WEEK 6

Materials

- CDC 25 Video
- Leader Handbook pgs 197-201
- Student Handbook pgs 31-34

Instruction

- (5 min) Opening and prayer
(10 min) Discussion from last week. See page 196 in leader handbook.
(33 min) Begin CDC 25 (break at 33:05)

Discussion

- (12 min) See page 201 in leader handbook.

WEEK 7

Materials

- CDC 25 Video, CDC 26 Video
- Leader Handbook pgs 202-208
- Student Handbook pgs 34-40

Instruction

- (5 min) Opening and prayer
(33 min) Resume CDC 25 at Track 2 (33:08)
(end at 1:03:59)

Discussion

- (11 min) See page 206 in leader handbook.

Instruction

- (11 min) Begin CDC 26 (break at 10:25)

Discussion

Due to time constraints, no discussion has been allotted for this segment.

WEEK 8

Materials

- CDC 26 Video
- Leader Handbook pgs 208-214
- Student Handbook pages 40-44

Instruction

- (5 min) Opening and prayer
(16 min) Resume CDC 26 at (10:25)
(break at 26:24)

Discussion

- (4 min) See page 210 in leader handbook.

Instruction

- (30 min) Resume CDC 26 at Track 2 (26:25)
(end at 56:49)

Discussion

- (5 min) See page 214 in leader handbook.

WEEK 9

Materials

- CDC 27 Video
- Leader Handbook pgs 215-220
- Student Handbook pgs 45-49

Instruction

- (5 min) Opening and prayer
(24 min) Begin CDC 27 (break at 24:22)

Discussion

- (5 min) See page 217 in leader handbook.

Instruction

- (18 min) Resume CDC 27 at Track 2 (24:20)
(break at 41:40)

Discussion

- (8 min) See page 220 in leader handbook.

WEEK 10

Materials

- CDC 27 Video, CDC 28 Video
- Leader Handbook pgs 220-229
- Student Handbook pgs 49-57

Instruction

- (2 min) Opening and prayer
(33 min) Begin CDC 27 at Track 3 (41:39)
(end at 1:13:26)
(25 min) Begin CDC 28 (break at 25:11)

Discussion

Due to time constraints, no discussion has been allotted for this segment.

WEEK 11

Materials

- CDC 28 Video, CDC 29 Video
- Leader Handbook pgs 229-238
- Student Handbook pgs 56-64

Instruction

- (5 min) Opening and prayer
(24 min) Resume CDC 28 at Track 2 (25:19)
(end at 58:11)

Discussion

- (12 min) See page 225, 229, 232 in leader handbook.

Instruction

- (14 min) Begin CDC 29 (break at 13:33)

Discussion

- (5 min) See page 238 in leader handbook.

WEEK 12

Materials

- CDC 29 Video
- Leader Handbook pgs 238-249
- Student Handbook pgs 64-73

Instruction

- (5 min) Opening and prayer
(20 min) Resume CDC 29 at Track 2 (13:25)
(break at 33:58)

Discussion

- (9 min) See page 242 in leader handbook.

Instruction

- (21 min) Resume CDC 29 at Track 3 (33:56)
(end at 55:22)

Discussion

- (5 min) See page 248 in leader handbook.

WEEK 13

Materials

- “Dan & Debbie” Disc 10, Part 1
- Observation Handbooks for distribution

Observation

- (5 min) Opening and prayer
- (5 min) Overview of case, pages 85-94
- (42 min) Begin Part 1 (break at 41:38)
Note-taking, handbook page 95

Discussion

- (8 min) See questions in handbook pages 97-98
Possible answers on pages 109-110

Homework

Individuals may complete questions at home

WEEK 14

Materials

- “Dan & Debbie” Disc 10, Part 1 & Disc 11, Part 2
- Observation Handbook

Observation

- (5 min) Opening and prayer
- (18 min) Resume Part 1 at (41:38)
(end at 59:06)
- (29 min) Begin Part 2 (break at 28:40)
Note taking, handbook page 99

Discussion

- (8 min) See questions in handbook pages
97-98, 101-102
Possible answers on pages 109-112

Homework

Individuals may complete questions at home

WEEK 15

Materials

- “Dan & Debbie” Disc 11, Part 2 & Disc 12, Part 3
- Observation Handbook

Observation

- (5 min) Opening and prayer
- (32 min) Resume Part 2 at (28:40)
(end at 1:00:45)
- (14 min) Begin Part 3 (break at 13:47)
Note taking, handbook page 103

Discussion

- (8 min) See questions in handbook pages
101-102, 105-106
Possible answers on pages 111-115

Homework

Individuals may complete questions at home

WEEK 16

Materials

- “Dan & Debbie” Disc 12, Part 3
- Observation Handbook

Observation

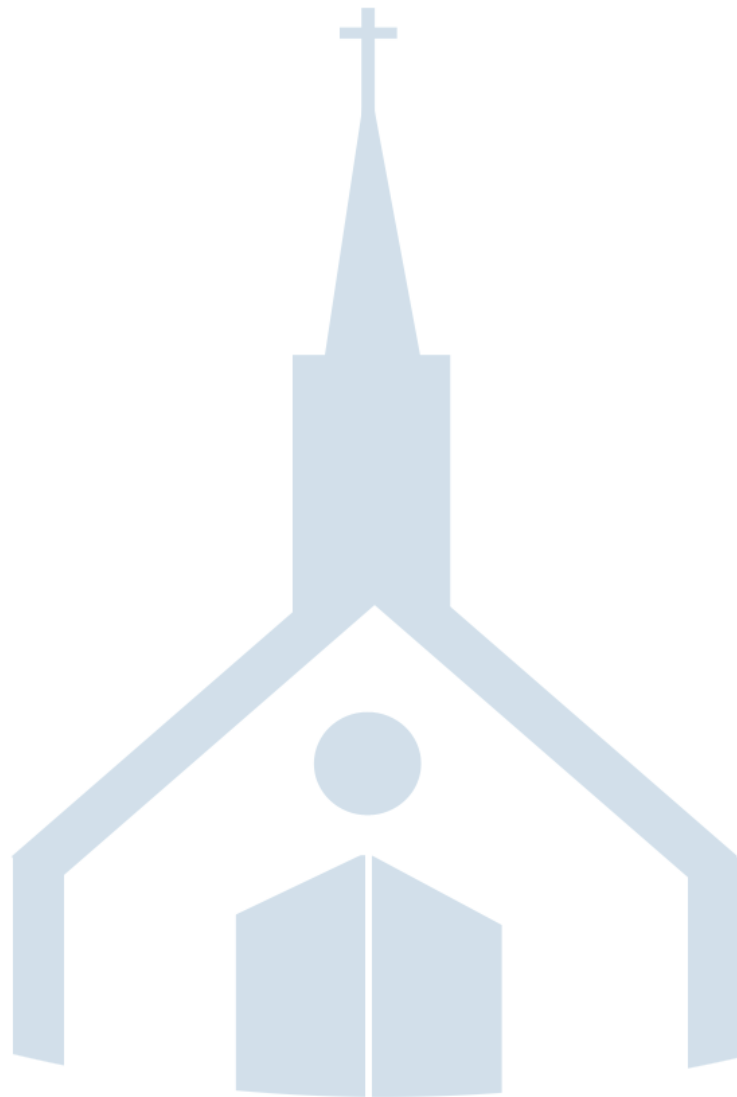
- (5 min) Opening and prayer
- (48 min) Resume Part 3 at (13:47)
(end at 1:01:03)
Note taking, handbook page 103

Discussion

- (7 min) See questions in handbook pages
105-106
Possible answers on pages 113-115

Homework

Individuals may complete questions at home



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IBCD Certification

Teaching Guide
Class 4: CDC 30-38

WEEK 1

Materials

- CDC 30 Video
- Handbooks for distribution to newcomers
- Leader Handbook pgs 251-257
- Student Handbook pgs 75-79

Instruction

(5 min) Opening and prayer

(10 min) Distribute materials
Introduce Course

(38 min) Begin CDC 30 (break at 37:33)

Discussion

(7 min) Discussion and questions. See pages 253, 257 in the leader handbook.

WEEK 2

Materials

- CDC 30 Video, CDC 31 Video
- Handbooks for distribution to newcomers
- Leader Handbook pgs 258-264
- Student Handbook pgs 80-85

Instruction

(5 min) Opening and prayer

(13 min) Resume CDC 30 at Track 3 (37:34)
end at (50:54)

Discussion

(8 min) See page 260 in leader handbook.

Instruction

(24 min) Begin CDC 31 (break at 23:40)

Discussion

(10 min) See page 264 in leader handbook.

WEEK 3

Materials

- CDC 31 Video, CDC 32 Video
- Leader Handbook pgs 264-274
- Student Handbook pgs 86-93

Instruction

(5 min) Opening and prayer

(25 min) Resume CDC 31 at Track 2 (23:42)
(end at 48:47) (no discussion)

(24 min) Begin CDC 32 (break at 23:40)

Discussion

(6 min) See pages 270, 274 in leader handbook.

WEEK 4

Materials

- CDC 32 Video, CDC 33 Video
- Leader Handbook pgs 274-282
- Student Handbook pgs 94-99

Instruction

(5 min) Opening and prayer

(19 min) Resume CDC 32 at Track 2 (23:42)
(end at 42:32*) (no discussion)

(35 min) Begin CDC 33 (break at 35:19)

Discussion

Due to time constraints, no discussion has been allotted for this segment.

*Note: The ending time for CDC 32 is incorrectly labeled in the Leader Handbook as 37:33. The correct ending time is 42:32

WEEK 5

Materials

- CDC 33 Video, CDC 34 Video
- Leader Handbook pgs 283-289
- Student Handbook pgs 100-105

Instruction

- (5 min) Opening and prayer
- (23 min) Resume CDC 33 at Track 3 (35:20)
end at (58:01)

Discussion

- (10 min) See page 280, 282, 286 in
leader handbook.

Instruction

- (17 min) Begin CDC 34 (break at 17:22)

Discussion

- (5 min) See page 289 in leader handbook.

WEEK 6

Materials

- CDC 34 Video
- Leader Handbook pgs 289-294
- Student Handbook pgs 105-109

Instruction

- (5 min) Opening and prayer
- (34 min) Resume CDC 34 at Track 2 (17:22)
(end at 51:20)

Discussion

- (21 min) See page 293 in leader handbook.

WEEK 7

Materials

- CDC 35 Video
- Leader Handbook pgs 295-298
- Student Handbook pgs 111-112

Instruction

- (5 min) Opening and prayer
- (23 min) Begin CDC 35 (break at 23:02)

Discussion

- (7 min) See page 296 in leader handbook.

Instruction

- (20 min) Resume CDC 35 at Track 2 (22:59)
(break at 43:40)

Discussion

- (5 min) See page 298 in leader handbook.

WEEK 8

Materials

- CDC 35 Video, CDC 36 Video
- Leader Handbook pgs 298-306
- Student Handbook pages 113-118

Instruction

- (5 min) Opening and prayer
- (27 min) Resume CDC 35 at Track 3 (43:37)
(end at 1:09:42)

Discussion

- 10 min) See page 301 in leader handbook.

Instruction

- (12 min) Begin CDC 36 (break at 12:00)

Discussion

- (6 min) See page 306 in leader handbook.

WEEK 9

Materials

- CDC 36 Video
- Leader Handbook pgs 306-310
- Student Handbook pgs 118-121

Instruction

- (5 min) Opening and prayer
- (42 min) Resume CDC 36 at Track 2 (11:59)
(break at 54:19)

Discussion

- (13 min) See page 310 in leader handbook.

WEEK 10

Materials

- CDC 36 Video, CDC37 Video
- Leader Handbook pgs 310-322
- Student Handbook pgs 121-129

Instruction

- (5 min) Opening and prayer
- (19 min) Resume CDC 36 at Track 3 (54:16)
(end at 1:13:13)

Discussion

- (6 min) See page 314 in leader handbook.

Instruction

- (20 min) Begin CDC 37 (break at 20:19)

Discussion

- (10 min) See page 322 in leader handbook.

WEEK 11

Materials

- CDC 37 Video
- Leader Handbook pgs 322-338
- Student Handbook pgs 129-143

Instruction

- (5 min) Opening and prayer
- (21 min) Resume CDC 37 at Track 2 (20:21)
(break at 41:12)

Discussion

- (5 min) See page 327 in leader handbook.

Instruction

- (24 min) Resume CDC 37 at Track 3 (41:13)
(end at 1:04:55)

Discussion

- (5 min) See page 338 in leader handbook.

WEEK 12

Materials

- CDC38 Video
- Leader Handbook pgs 348-358
- Student Handbook pgs 152-161

Instruction

- (5 min) Opening and prayer
- (15 min) Begin CDC 38 (break at 14:35)

Discussion

- (5 min) See page 343 in leader handbook.

Instruction

- (22 min) Resume CDC 38 at Track 2 (14:37)
(break at 36:53)

Discussion

- (13 min) See page 348 in leader handbook.

WEEK 13

Materials

- CDC 38 Video
- Leader Handbook pgs 348-358
- Student Handbook pgs 152-161

Instruction

- (5 min) Opening and prayer
- (28 min) Resume CDC 38 at Track 3 (36:5)
(break at 1:05:23)

Discussion

- (10 min) See page 350, 353 in leader handbook.

Instruction

- (13 min) Resume CDC 38 at Track 5 (1:05:23)
(end at 1:18:12)

Discussion

- (5 min) See page 358 in leader handbook.

WEEK 14

Materials

- “Richard” Disc 7, Part 1
- Observation Handbook

Observation

- (5 min) Opening and prayer
- (5 min) Overview of case, handbook pages 59-64
- (40 min) View Part 1 (end at 40:20)
Note-taking, handbook page 11

Discussion

- (10 min) See questions in handbook pages 67-68
Possible answers on pages 79-80

Homework

Individuals may complete questions at home

WEEK 15

Materials

- “Richard” Disc 8, Part 2
- Observation Handbook

Observation

- (1 min) Opening and prayer
- (59 min) View Part 2 (end at 59:05)
Note taking, handbook page 69

Homework

Individuals may complete questions from pages 71-72 at home.

Possible answers on pages 81-82

WEEK 16

Materials

- “Richard” Disc 9, Part 3
- Observation Handbook

Observation

- (5 min) Opening and prayer
- (54 min) View Part 3 (end at 53:32)
Note taking, handbook page 73

Homework

Individuals may complete questions from pages 75-76 at home.

Possible answers on pages 82-83



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