

PERSONAL DATA INVENTORY

(Confidential*)

BACKGROUND INFORMATION:

Name: Crystal McMain Sex: F Age: 34

Place of employment: I'm a homemaker now.

Marital Status: Single Married Going Steady
Separated Widowed Divorced

Education (last year completed): College

Degrees or certificates: B.S. in Nursing

HEALTH INFORMATION:

Rate your health (check): Very good Good
Average Declining Poor

Weight changes recently: Lost Gained
(Number of pounds) N/A

List all important present or past illnesses or injuries or handicaps: N/A

Date of last medical examination: I'm not sure

Report:

Physician's name and address: Dr. Barnes 73 Yulupa St.
Oceanside, CA

Are you presently taking medication? Yes No

If yes, list: migraine medication

Have you ever been arrested? Yes No
(We want to make sure that any serious incidents in your past have been dealt with in a biblical manner.)

When?

State circumstances:

If the counselor believes that it would be helpful to see your social, psychiatric or medical reports, would you be willing to sign a release of information form?

Yes No

RELIGIOUS BACKGROUND:

Membership: Christ Presbyterian Church

Church attendance per month: 6 times

Church attended in childhood: Evangelical Free Church

Religious background of spouse (if married): Christian

Do you believe in God? Yes No Uncertain

Do you pray to God? Never Occasionally
Often

Are you saved? Yes No Not sure

Have you been baptized? Yes No

At what age?

How frequently do you read the Bible? Never
Occasionally Often

Do you have regular family devotions? Yes No
(I try to do something with the kids but my husband doesn't participate.)

Explain any recent changes in your religious life: I just feel a little confused right now on what is the right thing to do. I want to please God with my decisions but it feels like my responsibilities as a wife and as a mother are conflicting right now.

MARRIAGE AND FAMILY INFORMATION:

Name of spouse: Spouse's age:

Occupation:

Education: College

Religion: Christian

Is your spouse willing to come for counseling? Yes
No Uncertain

Have you ever been separated? Yes No

When?

Has either of you ever filed for divorce? Yes No

When?

Date of marriage: April 7, 2003

Your ages when married: Husband 25 Wife 22

How long did you know your spouse before marriage?
1 year

Length of dating with spouse: 3 months

Length of engagement: 9 months

Give brief information about any previous marriages:
N/A

Information about children:

Name, Age, Sex, Living?, Education, Marital Status

Piper Jane, 11, F, Yes

Ian Paul, 8, M, Yes

Charlie James, 4, M, Yes

I'm pregnant and due in November

If you were reared by anyone other than your parents, briefly explain: My parents both raised me but my dad passed away while I was in college and my mom is now remarried.

How many older brothers sisters do you have?

How many younger brothers sisters do you have?

Have there been any deaths in the family during the last year? Yes No

Who and when?

PERSONALITY INFORMATION:

Have you ever used drugs for other than medical purposes? Yes No

What?

When?

Have you ever had a severe emotional upset? Yes

No

Explain:

Have you ever had any psychotherapy or counseling before? Yes No

If yes, list dates: I had some biblical counseling in college after my dad died.

What was the outcome? It helped me to learn to handle things better and trust that God was in control.

Which of the following words best describe you now:

active ambitious self-confident persistent nervous
hardworking impatient impulsive moody often-blue
excitable imaginative calm serious easy-going
shy good-natured introvert extrovert likable leader
quiet hard-boiled submissive self-conscious lonely
sensitive other:

Have you ever had hallucinations? Yes No

How many hours of sleep do you average each night?

8

**** All information provided on this form will be kept confidential in the same manner as that disclosed during counseling sessions. Please see our Confidentiality Policy.***

BRIEFLY ANSWER THE FOLLOWING QUESTIONS:

What is your problem? (What brings you here?)

My husband has an addiction to pornography and it is tearing our family up.

What have you done about it?

I've tried to support him and help him work through it over the years. I've prayed about it, read about it, and he's done accountability things on and off but it seems like every year or so I catch him again. This time I told him I can't take it anymore. I've talked to my parents and I think the kids and I are going to move in with them for now.

What do you want us to do? (What are your expectations in coming here?)

I don't know. He needs help.

What brings you here **at this time**?

This last time our daughter caught him. She is so upset and won't even go in the same room with him. Like I said, this time I can't take it anymore. Now the kids aren't even safe in our own house because he can't control himself. I'm scared how this might affect them.

Is there any other information we should know?

This has been happening off and on for our whole marriage. The first time I found out was just a few months after we got married and I walked in on him. He always says he is sorry and that he is going to talk

to someone about it and that it's not a problem and won't happen again, but then sooner or later I catch him again. Up till now it has just been me, but this time it was our daughter and I'm just sick about it and so mad.