

IBCD Care & Discipleship Course

Level 1 Exam

Instructions

These are open Bible, open note exams. The purpose is not to be exhaustive, but to demonstrate that you understand the material as presented in the Care & Discipleship Course and can rightly apply the Scriptures to these issues. Please make sure your name is included on your answers to this exam.

Short Answer

These six questions should be answered in about 250 words each, which is approximately half of a single-spaced, typed page.

1. What are the unscriptural presuppositions of psychology?
2. Why is calling sins a disease (such as calling drunkenness “alcoholism”) a problem when trying to counsel biblically?
3. What does it mean that the Bible is “sufficient” for counseling?
4. Explain the appropriate boundaries of confidentiality in biblical counseling/discipleship.
5. Explain how to use both the indicative (what God has done for us) and the imperative (what God commands us to do) in counseling.
6. Summarize how you would help someone understand trials biblically using James 1:2-8.

Case Studies

- *These four questions should be answered in about 500 words each, which is approximately $\frac{3}{4}$ of a single-spaced, typed page. This cannot be comprehensive but should cover the most important aspects of biblical counsel.*
 - *Answers can be in bullet point format or prose.*
 - *The percentages indicate the approximate proportion of your answer. This is just a helpful guide, not an exact requirement.*
 - *Answer the questions according to the information that should be conveyed in each situation. Your answers can reflect the assumption that the counselor is the appropriate gender for the scenario.*
7. Mary is worried about many things: her husband may lose his job, one of her children may have a serious learning disability, and her father is very sick and may die.
- a. What questions should be asked of her? (25%)
 - b. What counsel (including indicatives and imperatives) should be given from Scripture? Also clearly indicate what hope can be given to her. (50%)
 - c. What homework could be given to Mary? (25%)
8. John is struggling with depression. He has been unable to sleep at night. He has no energy during the day. He does not want to go on living.
- a. What questions should be asked of him? (25%)
 - b. What counsel (including indicatives and imperatives) should be given from Scripture? Also clearly indicate what hope can be given to him. (50%)
 - c. What homework could be given to John? (25%)
9. Sam, a 16-year-old boy who helps in your church's mid-week children's program is having a terrible time struggling with lust. Sometimes he looks at pornography. He has a girlfriend.
- a. What questions should be asked of him? (25%)
 - b. What counsel (including indicatives and imperatives) should be given from Scripture? Also clearly indicate what hope can be given to him. (50%)
 - c. What homework could be given to Sam? (25%)
10. Phil and Jane had a major fight three nights ago. Phil was late getting home and did not call to let Jane know. When he did arrive, she blew up at him and he became angry as well. They both said hurtful words to each other.
- a. What questions should be asked of them? (25%)
 - b. What counsel (including indicatives and imperatives) should be given from Scripture? Also clearly indicate what hope can be given to them. (50%)
 - c. What homework could be given? (25%)