- Who Abuses?
  - o Family members and close friends
  - o Pedophiles
  - Other children
- ❖ Who Is Abused?
  - o Girls
  - o Boys
- ❖ How Does It Happen?
  - o Bribes and enticement
  - Seduction
  - o Intimidation, threats, force
- ❖ What Acts Are Included?
  - Sexual assault
  - Molestation
  - Sexual exploitation
  - o No such thing as an act that's "not too bad."
- Types of Harm
  - Betrayal of trust
  - Threats to security
  - o Lies, manipulation and blame
  - o Fear and powerlessness
  - o Misuse of God's name or prayer
- ❖ Problem Behaviors in Children Who Have Been Abused
  - Misbehavior
  - Sexually suggestive behavior
  - Return to younger behaviors

- Sleep problems
- School problems
- Refusal to participate at school
- Physical complaints
- o Efforts to be "too good"
- Statements about selves or genitals being defective
- Revictimization

# How To Encourage Disclosure of Abuse

- o Open-ended, nondirective questions
- Keep asking
- o Relaxed, matter of fact attitude
- Start with sex ed
- o Give her something to do with her hands

## If She Discloses

- o Reassure
- o Don't minimize
- Follow through
- o Emphasize that it wasn't her fault

## ❖ About CPS

- Reporting is the law
- o Reporting ensures that the child is protected
- Reporting can cause problems

# Helping Victims

- Regular meetings
- o Toys or art
- o Bring the subject up—this tells her it's OK to talk about it
- Counseling doesn't have to last a long time

- Counsel non-offending parents as well as children
  - Teach them how to help their child
  - Many of the misperceptions you correct in the child will also need to be corrected in the parents!

## ❖ How To Talk About It

- o Before You Were Born by Carolyn Nystrom for sex ed
- o Correct misunderstandings about what sex is for and why we protect it

#### ❖ Guilt

- Talk about the gospel before you talk about guilt
- Start with sins that are unrelated to the abuse
- Then deal with the abuse
  - She probably feels guilt for things that aren't her fault
  - She may also have guilt for things she needs to repent for. Even victims can sin (lying, disobeying parents in the context of the abuse).

#### ❖ Arousal

- A normal response, but disturbing for everyone involved
- Masturbation
- o Is she still pure? Yes.
- Feeling Overwhelmed?