

# The Résumé of a Biblical Counselor: A Four-Dimensional Model of Christ-Centered Equipping



Promoting Personal Change Centered on the Person of Christ  
—Ephesians 4:15

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*Promoting Personal Change Centered on the Person of Christ  
Through the Personal Ministry of the Word*

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## Presentation Focus

Imagine that you're forwarding your résumé to the Divine Counselor. What characteristics would you highlight to demonstrate your qualifications to be a biblical counselor? This session develops and illustrates a four-dimensional, Christ-centered equipping model that unites Christ-like **character** (heart/being), biblical **content** (head/knowing), counseling **competence** (hands/doing), and Christian **community** (home/connecting). The session equips *you* to equip *others* as biblical counselors.

## The Résumé of a Biblical Counselor: A Four-Dimensional Model of Christ-Centered Equipping

- **The Big Picture:** Are You Milton Berle or Ed Sullivan?

### Introduction: The 4E Ministry Training Strategy Passing the Baton of Ministry: A Four-Lap Relay Race

➤ **Lap One: The First “E”**

- ◆ **E:** \_\_\_\_\_ **God’s Ministry:** Jointly creating mission, vision, passion, and commission (MVP-C) statements that nourish the compassion, conviction, and connection needed to launch flourishing biblical counseling ministries.
- ◆ The Word Picture: \_\_\_\_\_!
- ◆ The Question: Are you running in the right \_\_\_\_\_?—\_\_\_\_\_ Values

➤ **Lap Two: The Second “E”**

- ◆ **E:** \_\_\_\_\_ **God’s Ministers for Ministry:** Mobilizing ministers by nurturing a family and building a team prepared for change, skilled in conflict resolution, and connected to the MVP-C Statement.
- ◆ The Word Picture: Mr. \_\_\_\_\_
- ◆ The Question: Are the right runners running the right \_\_\_\_\_?—\_\_\_\_\_ People

➤ **Lap Three: The Third “E”**

- ◆ **E:** \_\_\_\_\_ **Godly Ministers for Ministry:** Applying transformational training strategies that comprehensively address the “4Cs” of biblical content, Christlike character, counseling competence, and Christian community.
- ◆ The Word Picture: Not a \_\_\_\_\_
- ◆ The Question: Is every race participant a \_\_\_\_\_ runner?—\_\_\_\_\_ People

➤ **Lap Four: The Fourth “E”**

- ◆ **E:** \_\_\_\_\_ **Godly Ministers for Ministry:** Overseeing the ongoing “organizing of the organism” by leading ministries that are built to last, that grow from good to great, and that leave a legacy of loving leaders.
- ◆ The Word Pictures: Spinning \_\_\_\_\_ and the \_\_\_\_\_ in the Room
- ◆ The Question: Are the runners running on all \_\_\_\_\_?—\_\_\_\_\_ Strategy

## Equipping Godly Ministers for Ministry

### Preparing for the Race

1. Imagine you were forwarding your résumé to the Divine Counselor. What characteristics would you highlight to demonstrate your qualifications to be a biblical counselor?

#### ➤ Where We're Headed

#### ➤ The Big Picture: LEAD Day One...

### I. Competent to Counsel: The Résumé of the Biblical Counselor

#### ➤ Introduction: Confidence

1. Confidence Based on God's Word: The Sufficiency of Christianity
2. And the Survey Says...

#### ➤ The Divine Counselor's Résumé Qualifications: Comprehensive Four-Dimensional Training—Romans 15:14

- ◆ \_\_\_\_\_: "Full of Goodness"
- ◆ \_\_\_\_\_: "Complete in Knowledge"
- ◆ \_\_\_\_\_: "Competent to Instruct"
- ◆ \_\_\_\_\_: "Brothers/One Another"

### A. Christ-Like Character: Loving Like Jesus—"Full of Goodness" (Heart/Being)

#### ➤ How to Be Like Christ. Reflecting Christ.

#### ➤ Equipping Counselors for Relational Goodness—Increasingly Reflecting the Inner Life of Christ

1. "Goodness": *Agathos*—Relational Goodness (Galatians 5:22-23)

- ◆ Biblical Goodness: Christ-like Character that Relates with Grace—Active, Compassionate, \_\_\_\_\_
- ◆ The powerful spiritual friend \_\_\_\_\_ and \_\_\_\_\_ like the ultimate Spiritual Friend—Jesus

2. "Full"—Overflowing

- ◆ "The person who is good at relating to \_\_\_\_\_ will be good at relating to \_\_\_\_\_.
- ◆ Competence without character is like one \_\_\_\_\_ practicing cosmetic surgery on another \_\_\_\_\_.

**B. Biblical Content/Conviction: Thinking Like Jesus—“Complete in Knowledge” (Head/Knowing)**

- **How to Change Lives with Christ’s Changeless Truth. Renewed in Christ.**
- **Equipping Counselors Who Relate Truth to Life—Uniting Scripture and Soul**

1. “Complete”

- ◆ \_\_\_\_\_ our entire being. \_\_\_\_\_ by God’s Truth

2. “Knowledge” (*Gnoseos*)

- ◆ Information + Application = \_\_\_\_\_
- ◆ Relating God’s truth to human relationships: \_\_\_\_\_
- ◆ Uniting Scripture and Soul: \_\_\_\_\_

**C. Counseling Competence: Serving Like Jesus—“Competent to Counsel” (Hands/Doing)**

- **How to Care Like Christ. Reproducing Christ in Others.**
- **Equipping Counselors Who Are Competent to Disciple**

1. “Competent” (*Dunamenois*)

- ◆ \_\_\_\_\_ to Accomplish a Mission
- ◆ \_\_\_\_\_: Capability, Resources, Strength, Competence

2. Competent to Care-Front One Another: \_\_\_\_\_—Spiritual Direction for Sin

3. Competent to Comfort One Another: \_\_\_\_\_—Soul Care for Suffering

**D. Christian Community: Connecting in Jesus—“Brothers/One Another” (Home/Loving)**

- **How to Grow Together in Christ. Reconnected through Christ.**
- **Equipping Counselors Who Connect with Christ and the Body of Christ**

1. “Brothers/One Another”

2. One-Another Context

- ◆ We become effective biblical counselors by receiving and providing biblical counseling in community.

**Running the Race: For Current Discussion and Ongoing Application**

1. How would equipping in biblical counseling be impacted if one of the “4Cs” was de-emphasized? Over-emphasized? Omitted?

## II. Transformational Training Strategies and Methods

### A. Meeting for 4C Equipping

1. Transformational \_\_\_\_\_-Oriented Teaching Training
2. Transformational \_\_\_\_\_-Oriented Training
  - a. How to Cultivate a Transformational Small Group Lab Climate
  - b. How to Implement Transformational Small Group Lab Methods

### B. Outside Training for 4C Equipping

1. Transformational Meetings with a Paul (Supervision), Barnabas (Spiritual Friend), and a Timothy (Protégé)
2. Transformational Training Assignments

### C. Organizing for 4C Equipping

1. Length of Training
2. Schedule, Scope, and Sequence of Training

### Running the Race: For Current Discussion and Ongoing Application

1. What transformational training strategies and methods do you want to implement in your equipping?

### Your Next Step: Resources for Your Equipping Journey

- **Online Resources:** RPM Ministries [www.rpmministries.org](http://www.rpmministries.org)
- **Written Resources:** *Equipping Counselors for Your Church: The 4E Ministry Training Strategy*
- **Consulting Resources:** Consulting through RPM Ministries (see the web addresses above or email [rpm.ministries@gmail.com](mailto:rpm.ministries@gmail.com)).

