Temptation

I. Understanding Temptation.
   A. Temptation follows a pattern. James 1:13-15

   B. The problem is in the heart. Mark 7:14-23 Prov. 4:23 Mt. 5:22,28

   C. Addictions are not diseases.

   D. God will not allow you to be tempted beyond what you are able. I Cor. 10:13

   E. Christ has set you free from slavery to sin. Ro. 6:11,18

   F. You are responsible to fight sin. Rom. 6:12ff

   G. Temptation needs to be dealt with radically. Mt. 5:29-30 II Tim. 2:22

   H. You need to see that God is most desirable. Isa. 55:1-2 Proverbs 9 John 7:38

II. Scripture exposition.
   A. Sexual temptation.
      1. II Samuel 11, “Learning from King David’s Mid-Life Failure”
      2. Genesis 39, “Learning from Joseph’s Temptation”
      3. “The Pain of Porn”
      4. Proverbs 5-7, 9

   B. Substance Abuse
      1. “Wisdom from Proverbs about Substance Abuse”


III. Data gathering.
   A. What is the counselee’s history in dealing with this temptation?

   B. What is the counselee’s pattern of falling into this temptation?

   C. Are you sure the counselee is a Christian?

IV. Homework.
   A. Keep a temptation log.

   B. Radically deal with sources of temptation. Mt. 5:29-30 Prov. 5:8 II Tim. 2:22

   C. Fill your mind with what is best. Phil. 4:8-9

   D. Be busy serving God and others.

   E. Establish accountability.
F. Reading
   1. “What Do You Do When You Know You’re Hooked?”, Jay Adams (Pamphlet)
   2. Just One More: When Desires Don’t Take No for an Answer, Edward Welch (CCEF/RFCL booklet)
   4. Not Even a Hint, Joshua Harris
   5. Addictions: A Banquet in the Grave, Edward Welch
   6. The Useful Lie, Playfair
   7. Love to Eat, Hate to Eat, Elyse Fitzpatrick

G. Workbook:
   2. Pure Freedom: Breaking the Addiction to Pornography, Mike Cleveland
   3. The Lord’s Table: A Biblical Approach to Weight Loss, Mike Cleveland

H. Audios
   1. “Substance Abuse Counseling”, Ed Welch
   2. “Helping Addicts”, Dr. Playfair
   3. “Helping Alcoholics”, Dr. Playfair
   4. “The Twelve Steps and AA”, Dr. Playfair
   5. “Drug and Alcohol Abuse”, Bob Needham
   6. “Love to Eat, Hate to Eat”, Elyse Fitzpatrick
   7. “Life Dominating Sins”, George Scipione
   10. “Sexual Wisdom: Proverbs 5-7”, Jim Newheiser
   11. “Satisfaction for the Thirsty: Isa. 55”, Jim Newheiser