

A BREATH OF FRESH AIR FOR CHOKERS

IBCD Summer Institute, June 2010

Engaging the Heart

- I. I am out of the loop with youth!
 - A. Walt Meuller at CPYU helps: “scarfing”
 - B. Bruce Ray’s presentation at the 2009 JI of IBCD mentioned a case in which he was involved as a chaplain.
- II. For the rest of you “out of the loopers” let me introduce you to the world of “choking”
 - A. The “fainting game”: Wikipedia”
 - B. Scarfing or erotic asphyxiation
- III. These are not addressed directly in Scripture.
 - A. ***Westminster Confession of Faith*** Chapter 1:6.
 - B. Let’s look at the Scriptures to define and diagnose this issue and then develop direction in overcoming it.

Exposition of the Word

- I. You need to identify the issues of the heart.
 - A. The fainting game.
 1. Pleasure/hedonism versus self-control; novelty/risk taking versus faith and obedience.
 2. Ignoring the inherent dangers in pride; Rom 1-3, no fear of God.
 - B. Scarfing or erotic asphyxia.
 1. Same complex of pleasures etc.
 2. Same ignoring the dangers.
 3. Self centered nature of masturbation.
- II. The light of God’s face/word needs to illuminate this dark dungeon of death.
 - A. Lies/bondage: the idea of being a master and not a slave.

- B. Truth/freedom.
- III. You need a total person approach: Phil 4:4-9.
- A. **Heart:** Matt 6:19-34; 1 Cor 6:6-20.
 - B. **Head:** Rom 12:1-2; 2 Cor 10:4-6; Eph 4:17-23.
 - C. **Hands:** Phil 4:9; health issues.
- IV. You need a church centered system.
- A. Accountability
 - B. Help
 - C. A law/gospel environment that points to Christ.

Exhortation for Life

- I. You need to live by faith in faithfulness.
 - A. Your disciple
 - B. Your view of pleasure
 - C. You and your sexual purity; 1 Cor 6-7.
- II. You need to work with the total person, both inner man and outer man.
- III. You need a team to give spiritual CPR to chokers!