

HELP FOR HOARDERS

IBCD Summer Institute, June 2010

Engaging the Heart

- I. You need a grasp of the issue.
 - A. You need to face the reality of hoarding and its problems.
 - B. Listen to “The Psychology of Hoarding” by Mary Duenwald, *Discover*, Oct 2004.
- II. You need a biblical view of this problem.
 - A. You need an accurate biblical world and life view.
 - B. You need a biblical analysis of the person and his life, both for the inner and outer man issues.
 - C. You need biblical answers to all the above.
 - D. You the body of Christ as the context into which you place the person.
- III. You need confidence in God, His word and His body.
 - A. The core is the God who is there and provides for His sheep.
 - B. We start with biblical definitions, diagnosis and direction: cf., *Westminster Confession of Faith*, Chapter 1:6.
- IV. Overview:
 - A. “Compulsive Hoarding” Wikipedia; “Disposophobia” Disaster Masters.
 - B. *OCD: Freedom for the Obsessive Compulsive*, Michael R. Emler (Phillipsburg: Presbyterian & Reformed Pub., 2004).
 - C. Preliminary observations: lies; fears; pride; shame; guilt; non-existent in a poor country!

Exposition of the Word

- I. You need to identify the issues of the total person.
 - A. **Heart**: what is the covenantal commitment. God verses mammon.
 - B. **Head**: Biblical ideas verses lies and fear.
 - C. **Hands**: adaptive behavior, hoarding.

- II. The light of God's face must illuminate the darkness of the hoarding heart and house.
 - A. Lies and bondage to the father of lies. The world, the flesh and the devil.
 - B. Truth and freedom come in Christ.
- III. You need a total person approach to solving the problem: Phil 4:4-9
 - A. **Heart:** Matt 6:19-34.
 - B. **Head:** Rom 12:1-2; 2 Cor 10:4-6
 - C. **Hands:** Phil 4:9
- IV. You need a church based approach.
 - A. Accountability
 - B. Help
 - C. A law/grace environment which leads to Christ.

Exhortation for Life

- I. You need to live by faith in faithfulness.
 - A. You need discipline.
 - B. You must love God and not Mammon.
- II. You must work with the total man.
 - A. Heart
 - B. Head
 - C. Hands
- III. Your church needs to be a team.
 - A. Trained leaders: elders and deacons
 - B. Trained laymen
 - C. Clean up crews: case study.