

Women and the Word

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- I. Introduction Deut. 32:46-47 Psalm 19:7-11 Matt. 4:4

- II. What the Bible says about itself
 - A. The Bible is the Word of God.
 - 1. It is true. John 17:17b Psalm 119:160 Prov. 30:5a Psalm 19:9b
 - 2. It is pure. Psalm 12:6 Psalm 19:8b, 10
 - B. The Bible stands above all other worldly wisdom and worldly philosophy. Rev. 22:18-19
 - 1. All other ideas are to be judged by the Scripture. Colossians 2:8
 - 2. The Bible stands above our feelings. Prov. 3:5-6 Prov. 14:12 Prov. 28:26
 - C. The Bible is inerrant (infallible). I Peter 1:21 Psalm 19:7a
 - D. The Bible is for all ages.
 - 1. Every age bracket. I John 2:12-14
 - 2. Every time period. Isaiah 40:8
 - E. The Old Testament applies to us today.
 - 1. Examples to live by (or to not live by). I Cor. 10:11
 - 2. The Old Testament gives hope. Romans 15:4
 - 3. The Old Testament makes us wise. II Tim. 3:14-15
 - 4. The Old Testament points to the gospel. Luke 24:25-27
 - F. Paul's writings are the word of God. I Thess. 2:13 II Peter 3:15-16

- III. The work of the Scripture in our lives Hebrews 4:12
 - A. It ministers to our souls.
 - 1. We gain help in time of need. Psalm 121:1-2 Isaiah 55:6
 - 2. We gain wisdom. Psalm 19:7 Job 28:28 Psalm 111:10 James 1:5-6
 - 3. We are blessed. Psalm 1:1-2 Psalm 119:2 Joshua 1:7,8
 - 4. We gain comfort when life is difficult. Psalm 119:67, 71 Romans 8:28 II Cor. 9:8
 - B. It is a means of grace.
 - 1. Knowledge of the Word helps us love God more.
 - 2. The Scriptures help us battle sin. Psalm 119:11
 - 3. But our devotions don't make God love us more.
 - C. It enables us to help others.
 - 1. We share with others what we have learned. II Cor. 1:3-5
 - D. Real change is only possible through submission to Scripture. Rom. 8:3-4 John 6:63 Psalm 119:27

- IV. Suggestions for incorporating the Bible into our counseling
 - A. Be sure to use the Bible!
 - 1. Don't teach our own opinions. Prov. 3:5
 - 2. Don't create rules which aren't in the Bible. Mark 7:6-7
 - B. Become familiar with the Scripture.
 - 1. We should be careful with how we use the Bible. Matthew 5:19 Acts 17: 11

2. Teach through books of the Bible.
 3. Use handy references.
 4. Learn to use in-depth Bible study tools.
 5. Read Scripture in context. James 3:1
 6. Memorize verses.
 7. Pray the Scriptures.
- C. The counselee and her Bible.
1. Ask the counselee to bring her own Bible.
 2. Ask the counselee to read verses out loud.
 3. Write down the Scripture references for the counselee to take home.
 4. Assign personal Bible study through passages for homework.
 5. Assign memory verses. Psalm 119:11
 5. Write out a prayer based on a Bible passage.
 6. Journal thoughts and application.
 7. Ask you counselee to tell about the sermon she heard in church.
- D. Show patience and grace.
1. Towards yourself.
 2. Towards your counselee.
 3. Remember that only the Lord quickens the heart. James 1:18 John 6:44
 4. The Lord will always accomplish His purposes as His Word goes forth. Isaiah 55:10-11

V. Conclusion

VI. Resources

Praying the Bible by Donald S. Whitney

Quick Scripture Reference for Counseling by John G. Kruis

Quick Scripture Reference for Counseling Women by Patricia A. Miller

Memory verse free phone apps: BibleMinded

Free daily memory apps

Computer helps: Logos, Bible Works

Discovering Wonderful Things worksheet

<https://ibcd.org/10047/approximately-100-go-to-texts-for-biblical-counseling/>

Bible reading plans:

The One Year Bible: The entire English Standard Version arranged in 365 Daily Readings by ESV Bibles by Crossway

NKJV, MacArthur Daily Bible, Paperback: Read Through the Bible in One Year, with notes from John MacArthur by Thomas Nelson