

# Demystifying PTSD

Curtis Solomon

## I. Demystifying PTSD for the Counselee

A. Physiology

B. 1 Corinthians 10:13

C. PTS

D. PTSD is not your identity

## II. Demystifying PTSD for the Counselor

A. Trauma is a part of life

B. The Bible addresses all of life

# Demystifying PTSD

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C. The Bible addresses trauma

D. You are not alone

1. The counselee

2. Others in church

2. Other survivors

3. Organizations

4. Holy Spirit

III. Biblical Examples

A. David/Saul

B. Tamar