

The Guilt of Sexual Trauma: The Sinner and the Sinned Against

Dr. Greg E. Gifford

“Against you, you only, have I sinned and done what is evil in your sight.”

—Psalm 51:4

I. Sexual Trauma:

A. Always Against _____

B. Always Brings _____

II. Responses to Sexual Trauma

A. Dinah

B. Bathsheba

C. Tamar

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III. Biblical Types of Guilt

A. _____ (Num. 15:22-29)

B. _____ (Lev. 6:1-7)

C. _____ (Num. 15:30-31)

IV. Incurring Guilt

A. As Sinner—Seek _____ (1 John 1:8-9)

I. Confirm Your _____ (Matt. 3:8)

B. As Sinned Against

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I. Understand God's _____ (Ps. 10:16-17)

II. Own Your Response toward Your Offender (Heb. 9:27)

C. No "In Between" Guilt

V. Unwarranted Feelings of Guilt

A. Understanding of Shame (1 Cor. 4:1-4)

B. Counseling the Sensitive Conscience (Rom. 14:23)

VI. Conclusion
