









DOMESTIC ABUSE RESOURCE HANDBOOK

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Resources Toolkit

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5/9 For Additional Study on Your Own

1. In his counsel with Travis, Chris talks about sacrificial, servant headship. He uses Matthew 20:20-28 to show the difference between "lording over" and "power under." List the ways in which Christ's teaching in Matthew 20 illustrates "lording over." Then list what "power under" looks like.

List some practical attitudes and actions of those who consider headship as "power under."

2. What do the Scriptures teach about profanity and verbal abuse? Are the sins we commit in communication less severe than those that affect another's physical well-being (See Matthew 5:21-22)?

INTENSIVE DATA GATHERING - DOMESTIC ABUSE - HUSBAND

Please use this Data Gathering tool to guide your data gathering during sessions with a husband who may be abusive in the home.

- What does he think a wife is?
- What is her role?
- What is a husband's role?
- What does he owe her?
- What are his needs?
- What does he think when she doesn't provide the above?
- What are her needs?
- What does she owe him?
- How does he respond when she doesn't fulfill her role, give him what she owes him?
- How does he respond when she is frustrated, sad, angry?
- How does he think she should spend her time?
- Who needs to be 'fixed' in the relationship?
- Is his repentance genuine? (IE godly vs worldly sorrow exhibited over time and confirmed by his relationships).
- Does he repent of his behaviors often? (indication of worldly sorrow because his repentance is not genuine; he keeps doing what he knows is wrong)
- Does he ask what he needs to "do"? (to get her back, to satisfy key players such as pastors and counselors)
- Is he looking to fulfill a checklist?
- Does he level the playing ground when confronted in his sin? (IE "everybody sins")
- Does he say, "If she would just..."
- What makes him cry?
- Does he blame shift?
- How does he speak about her?
- How does he speak to her?
- Is he pursuing a relationship with God primarily?
- Is he pursuing a relationship with her primarily?
- How does he respond to her opinions?
- How does he think about other women?
- Are there any patterns you can identify about him or the relationship?
- Does he feel privileged in any way?
 - He has a right to be treated a certain way.
 - She has no right to object to how he acts.
 - She should be grateful that he apologizes/repents.
 - He insists she accept his version of reality.
 - He criticizes her for being affected so badly by his mistreatment.
- How does he respond when she presents a complaint about him?
- Does he excuse his behavior by qualifying it?
 - If she would...
 - She pushes my buttons...
 - If she wouldn't...
- Does he use the word "but" when describing his behavior?
- Does he feel bad that his image has been ruined?